

1                   **HOUSE OF REPRESENTATIVES - FLOOR VERSION**

2                               STATE OF OKLAHOMA

3                               2nd Session of the 56th Legislature (2018)

4   HOUSE  
5   RESOLUTION 1023

By: Munson

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8                               AS INTRODUCED

9           A Resolution proclaiming February 8, 2018, to be Wear  
10          Red Day in Oklahoma; urging all citizens to show  
11          support by commemorating February 8, 2018, by wearing  
12          the color red.

13          WHEREAS, cardiovascular diseases are the number one killer of  
14          women in the United States; and

15          WHEREAS, cardiovascular diseases kill one woman almost every 80  
16          seconds in the United States; and

17          WHEREAS, about eighty percent of cardiovascular diseases may be  
18          prevented; and

19          WHEREAS, some risk factors such as blood pressure, smoking,  
20          cholesterol and lack of regular physical activity can be controlled;  
21          and

22          WHEREAS, the American Heart Association's Go Red For Women  
23          movement motivates women to learn their family history and to meet  
24

1 with a health care provider to determine their risk for  
2 cardiovascular diseases and stroke; and

3 WHEREAS, Go Red For Women encourages women to take control of  
4 their heart health by knowing five numbers that can be life  
5 changing:

- 6 1. Total Cholesterol;
- 7 2. HDL (good) Cholesterol;
- 8 3. Blood Pressure;
- 9 4. Blood Sugar; and
- 10 5. Body Mass Index (BMI).

11 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES  
12 OF THE 2ND SESSION OF THE 56TH OKLAHOMA LEGISLATURE:

13 THAT February 8, 2018, is hereby proclaimed to be "Wear Red Day"  
14 in Oklahoma in recognition of the importance of the ongoing fight  
15 against heart disease and stroke.

16 THAT all citizens of this state are urged to show their support  
17 for women and the fight against heart disease by commemorating  
18 February 8, 2018, by wearing the color red. By increasing  
19 awareness, speaking out about heart disease, and empowering women to  
20 reduce their risk for cardiovascular diseases, thousands of lives  
21 can be saved each year.

22  
23 DIRECT TO CALENDAR.  
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